

NLSI Lui Kwok Pat Fong College

Plan on the Use of One-off Grant for Promotion of a Sports Ambience and MVPA60 in Schools (2024-2027)

Item	Purpose	Expenditure Amount(\$)
Development or Procurement of Sports/Exercise Related Information Technology Services, Mobile Applications and Related Software, and Sports Activity Kits and Aids	<ol style="list-style-type: none"> 1. Increase Participation: Through applications, students can more easily participate in various sports activities and competitions, increasing participation rates. 2. Enhance Health Awareness: Applications can provide health information, exercise recommendations, and guidance on correct posture, helping students establish a healthy lifestyle. 3. Track Exercise Performance: Students can record and track their exercise data, such as running distance, time, and calorie consumption, motivating self-improvement. 4. Teaching Resources: Applications can provide video tutorials, exercise techniques, and training plans to help students improve their sports skills. 	100,000
Renovation/Additions of Sports Room Equipment	<ol style="list-style-type: none"> 1. Enhance Exercise Experience: New equipment can provide a better exercise experience, attracting students to participate in more sports activities. 2. Enhance Safety: Updating or adding equipment can improve safety standards and reduce the risk of sports injuries. 3. Promote Diversity in Sports: A diverse range of equipment can support different types of sports, meeting students' varied interests and needs. 	50,000
Total Budget Expenditure Amount:		150,000
Remaining Grant:		0