

NLSI LUI KWOK PAT FONG COLLEGE
One-off Grant for Mental Health of Parents and Students (Jan 2024 to Aug 2025)

Our school/ PTA has spent the Grant on the following:

	Area	Detail	Actual Expenses
i.	Organizing parent-child or parent activities relating to promotion of the mental health of students and parents	- Dialogue in the Dark Parent-Child Experience	\$ 10,420
ii.	Promoting information related to the mental health of students and parents, publications or providing resource platforms	(The expenses are covered by another fund.)	\$0
iii.	Providing training programmes or activities to equip parents with the knowledge and skills related to mental health	- Easily Spotting Deepfake Seminar - Sex Education Workshop	\$ 9,580
Total			\$ 20,000

Evaluation:

This grant strengthens family mental wellness by enhancing communication and emotional bonding. Activities like the Dialogue in the Dark experience promote empathy between parents and children, while sexuality education workshops help parents address sensitive topics with confidence. These programs reduce stress and foster trust at home. The Deepfake seminar supports digital awareness, helping parents guide children through online challenges. Together, these initiatives empower families to navigate emotional issues and strengthen relationships. By complementing school-based efforts, the grant reinforces mental health support across both home and school settings.