

NLSI LUI KWOK PAT FONG COLLEGE
One-off Grant for Mental Health at School (Jan 2024 to Aug 2025)

Our school has spent the Grant on the following:

	Area	Detail	Actual Expenses
i.	Organizing activities and programmes related to enhancing the mental health of students and teachers	- 4Rs Carnival - 4Rs Adventure Outdoor Activity - Relaxation Day - S.6 Resilience Sharing Session - S.2 Turnaround and Soar - Activity - S.2 Online Crisis and Emotional Wellness Seminar□	\$ 52,284.3
ii.	Providing support services related to enhancing the mental health of students and teachers	(provided by other schemes)	\$ 0.0
iii.	Designing and producing school-based learning and teaching resources related to mental health	- Teaching resources by Hong Kong Association of Careers Masters and Guidance Masters	\$ 614.8
iv	Purchasing items, furniture and equipment to enhance the mental health of students and teachers	- Bulletin Board Decoration - Mental Health Corner Resources - Board Games	\$ 7,100.9
Total			\$ 60,000.0

As at 31 August 2025, the Grant has been fully spent.

Evaluation:

This grant is highly effective in fostering student well-being through structured, school-based initiatives. Activities such as resilience sharing sessions, outdoor adventures, and 4Rs Days directly address emotional regulation, stress relief, and peer support. By integrating mental wellness into daily school life, the grant empowers students to build coping skills, develop empathy, and engage in meaningful service. Programs like Health Ambassador training also create ripple effects by cultivating student leaders who promote a supportive school culture. Overall, the grant strengthens preventive care and emotional resilience within the student community.